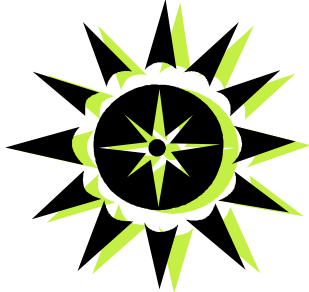


THE SUN

January 2011



From the Rector

A year ago friends sent a prayer that has been on my desk all this time. I reflect on it often and suspect its truth might give us all encouragement and perspective for the year to come, and so I share it here, with a prayer for you, that your new year may be blessed.

-Rev. Barbara

For the new year,
I wish to have
strength enough
to battle with difficulties and overcome them;
love enough
to move me to be useful and helpful to others;
faith enough
to make real the things of God; and
hope enough
to remove all anxious fears concerning the future.

- Johann Wolfgang Von Goethe

Thanks

+ To everyone associated with St. Paul's Children's Pageant and the Birthday of the Christ Child, a wonderful 2010 event with 240 people in church on a cold and sunny day. The choir did a wonderful job, the children and their leaders presented a beautiful pageant, the birthday party was delightful and delicious and the stars are lovely. Many thanks to Nancy Romeo and Marilyn Nadeau who made the birthday cakes. This is St. Paul's at its best. Many thanks to all!

+ To the members of Christ Church Cathedral's choir and our friend, Joan Crowell, who joined Kathy Fontaine, Ed Farrell, Gary Sroka, Debbie Lucier, Marilyn Potvin, Vicki Wildman, Sallie Pitt and Monica Czausz on Christmas eve at St. Paul's. The music was lovely and our congregation of 152 people made the church feel warmly full. It was a delightful service.

+ To Dexter Gess, Tim Champagne, Gina and Jessica Nelson, who made it possible for us to have carillon music at our Christmas services. Dexter was offered the carillon works and brought the unit here, Tim figured out how to make it work, and Gina and Jessica "played" it before and after church services. Absolutely delightful (and no complaints from the neighbors!)

+ To all who made it possible for us to send over 100 packages to Loreto House, Providence Ministries' facility for homeless men. When two gentlemen came to pick up the gifts you prepared, one said, "Ah, all this for the kids. We answered, "No, for the men at Loreto House!" He brightened up and said, "That's me. Thank you!" It's nice to know we made somebody's day.

+ To Alice Gess who provided the little battery operated candles the children used for "Silent Night" on Christmas eve.

+ To our tutors in the afterschool program who are helping kids to learn each day – Gary Sroka, Ed Farrell, Allyson Everett, Freddy Andujar, Felix Rivera, Chantelle Denette, Barbara Roy, Judy Williams and Kate Murphy, coordinator.

+ To Gina Nelson and Marge Ott who graciously agreed to offer healing prayers at our services during Advent and through December. Those prayers have proven to be meaningful to both those who receive them and those who offer them. We'd like that ministry to continue, in the spirit of Jesus who came bringing light and life to all he encountered.

Annual Meeting January 23

The Annual Meeting of St. Paul's takes place following the 10:00 service on Sunday, January 23 in the auditorium. The Youth Group will once again provide a baked potato smorgasbord as our luncheon offering. Will you, the congregation, please bring salads and desserts to share and we'll have a meal!

This year we will need to fill two positions on the vestry. Each has a 3 year term, and nomination forms have been circulating in church. If you are interested in serving, or know someone who would make a good candidate, please let Ginny Benoit, Paul Dupont or Dexter Gess know. We are also seeking people to serve as delegates to the Diocesan Convention. These people serve for two consecutive conventions, which meet on a Saturday in October in Springfield.

We will also consider the 2011 budget at the annual meeting and will hear a great deal from Tim Cotz about St. Paul's Capital Campaign for the Next 100 years. We very much look forward to seeing everyone on January 23rd.

"Let Your Light Shine"



January 14 marks the anniversary of the death of Phoebe Prince and the day that **South Hadley** began its journey through a dark period. We marked that time with a special gathering, "Punching Holes in the Darkness." Now, a year

later, join us for a follow-up event, to remember, to reflect on the journey, and to look ahead in dedication to helping make a difference in the world. "Let Your Light Shine" will be a very brief candlelight gathering with music and silence, held on the Town Common at 7:00 pm. Come, let your light shine.

The Rev. Tanya Wallace,
All Saints' Episcopal Church, South Hadley

A Special Thank You



Once again, the wonderful members of St. Paul's Church have given generously to help others. On Sunday, Dec. 12, many of you helped us collect and wrap over 100 wonderful gifts for the homeless men in our community.

Thank you for sharing your time and treasure to help our less fortunate brothers during this Christmas season. May we also remember them throughout the coming year.

With great appreciation,

The Spirit of St. Paul's

Kids Craft Club



Jeannette Pamaylaon will offer a meeting of the Kids Craft Club, Saturday, January 15 from 2 to 4 p.m. in the Sunday School rooms. She brings the snacks and the materials, we bring children ages 3 to 12 who make a craft – one to keep, one to share with someone else. Everyone is welcome to bring friends, too.

NAMI Workshop for Families

If you or someone you know has a family member (teenager, spouse, brother/sister, older adult) who suffers from mental illness, then the National Alliance on Mental Illness has something to offer you. NAMI's Family-to-Family course is a lifeline for those who are coping with the illness of someone near and dear. So many social stigmas are still attached to mental illness, and the information and insights shared in this course, along with the camaraderie that develops in the group, are incredibly helpful and life-affirming.

The course begins on Thursday, February 3 and continues for 12 Thursday evenings from 6:30 to 9:30 p.m. at Providence Hospital here in Holyoke. There is no cost to participate and materials are free. More information is on the bulletin board in the auditorium, and you may talk to Rev. Barbara who had experience with this course in a prior church. Class size is limited, so please call Bernice Drumheller at 413-596-5059 or toll free 1-800-295-2121.



January Birthdays and Anniversaries

1. Alyssa Dominguez, Karen Everett
2. Brian Robinson
3. Joyce Desorcy
4. Kelly Leclerc
9. Marge Ott
12. Pete Benoit
13. Jacquelyn Thompson
15. Bill Rice
17. Edna Barker
19. Kevin Everett
20. Enid Clark
23. Amadeus Durchanek
25. Shirley Gero
30. Jessica Nelson, Ed Daly, Alexis Durchanek

News about people



Joe D'Alessandro kicked the winning point in the Division II football tournament in early December. His assistant coach, Ben Sabbs, wondered if they should say a prayer before they began. Seems to have helped! Congratulations to all!

The Srokas were hosts to Mr. Lee Wen Gan, principal of a vocational high school in China. Donna is part of an exchange that brought Mr. Lee to the US for three weeks, and will send Donna to China this coming May from Smith Vocational High School, where she is the IT director.

Bill Rice is feeling a lot better after recent surgery and Frank Cushing is recuperating at Wingate following a hospital stay.

We have been asked to pray for Karen Everett's brother, Lieutenant Colonel David Preston, in the armed forces in Afghanistan, for Staci Rembold, Alice and Dexter Gess' daughter, with the Air Force in Kuwait, and for Irbian Cordero, newly with the Army here in the US.

Welcome to Ray and Gladys Bussey who have moved to Holyoke from Florida and live across the street from the St. Paul's Nursery School playground.

Our condolences are extended to Nancy Romeo, Ted Day, Debbie Lajoie and their families on the death of Ted's brother-in-law, Harry Halliday, on December 19. May he rest in peace.

Vestry Notes



The vestry met at JP's Restaurant in December and had a lovely evening together. Before they got to the serious business of sharing dinner together, they approved lay ministers'

licenses for a number of people and considered the pledge numbers for the coming year.

Current Pledges stand at \$110,000, from 94 people/families. The vestry will be following up with 22 individuals and families who have not yet pledged for 2011. Thanks have gone out to those who have committed to St. Paul's for this year, and we are grateful to all who support the ministries of this wonderful church.

The masonry project on the tower has been completed, as has a sealing process on the top stones so that we don't have water damage in the future. The flat-roofs projects (6 altogether: the auditorium, the area over the organ pipes and the front doors of the church, the front and back porches of the rectory, the tower) are nearing completion and, going into a snowy season, that feels good. Financing? Well, that's the business of the capital campaign to come. We have spent about \$80,000 on the current projects.

Little Bits. . . * * *
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* Services of Lessons and Carols on Sunday, January 2

* First Communion class, 10:30 a.m. on Sunday, January 2

* January 4, 7 p.m., Budget Committee meeting, in the Sunday School rooms

* Thursday, January 6, Epiphany, Three Kings Day

* Sunday, January 9, a Capital Campaign meeting after church.

* Sunday, January 16 we will celebrate the legacy of the Rev. Dr. Martin Luther King, Jr. by showing the film, "The Long Walk Home" after church. This fictional story stars Whoopi Goldberg, who plays a domestic servant, and Sissy Spacek, who plays the woman for whom she works, both caught up in the struggles for civil rights during the 1955 Montgomery bus boycott. Everyone is invited to stay and view this insightful film. Popcorn and conversation, too.

* January 18, Vestry meeting at 6 p.m. in the choir room.

* Kate's Kitchen, January 20, 9:30 a.m. casseroles are due at St. Paul's. January 20 is also the Sun deadline.

* Youth Group meets Sunday, January 23 at 9 a.m. in the kitchen, to cook for the Annual Meeting.

* Spirit of St. Paul's meets Tuesday, January 25 at 5:30 p.m.

* Sunday, January 30, Tammy Shafer and the Clown Ministry will be showing the film "Sunday School Musical" in the library following the 10:00 service. It's about a group of teens who, when faced with the news that their local church is facing demolition, enter into a song and dance competition with the hopes of raising the money needed to save the building. This completely original musical is blessed with 21 songs, featuring 7 brand new ones. As always, a light lunch will be served.

* Margaret's Pantry is in need of all kinds of non-perishable foods. Tuna, tomato products, canned veggies and fruits, pastas, cereals, rice, peanut butter, canned meats and prepared meals in a can – hungry folks appreciate them all. Please bring your donations to St. Paul's and we will make sure they get to Margaret's Pantry (another part of Providence Ministries to the Needy here in Holyoke.)

* If you have Christmas cards, new or used, that you no longer want or need, please bring them to church for use in various craft projects. Many thanks!





From the Prayer Group

Let Us Seek God's Guidance Through The Year

As the threatening "Clouds of Chaos"
Gather in man's muddled mind
While he searches for an answer
He alone can never find,
May God turn our vision skyward
So that we can see above
The gathering clouds of darkness
And behold God's brightening love—
For today we're facing problems
Man alone can never solve,
For it takes much more than genius
To determine and resolve
The conditions that confront us
All around on every side,
Daily mounting in intensity
Like the restless, rising tide—
But we'll find new strength and wisdom
If instead of proud resistance
We humbly call upon the Lord
And seek divine assistance,
For the spirit can unravel
Many tangled, knotted threads
That defy the skill and power
Of the world's best hands and heads—
For the plans of growth and progress
Of which we all have dreamed
Cannot survive materially
Unless the spirit is redeemed—
So as another new year dawns
Let us seek the Lord in prayer
And place our future hopes and plans
Securely in God's care.

Kate's Kitchen

Recipe of the Month

*Due at the church by Thursday, January 20th
@ 9:30 a.m.*



One Pan Lasagna

- 1 48 oz. jar of prepared spaghetti sauce with meat or equivalent
- 2 lb. container cottage cheese (or ricotta cheese)
- 1 lb. mozzarella cheese
- 1 box uncooked lasagna noodles
- Grated Parmesan or Romano cheese
- 2 eggs slightly beaten
- Small dash of nutmeg

Grate mozzarella cheese. Mix $\frac{3}{4}$ of the mozzarella together with the cottage cheese, eggs and nutmeg.

Layer in a pan:

- $\frac{1}{4}$ sauce
- $\frac{1}{3}$ noodles
- $\frac{1}{2}$ cheese mixture

- $\frac{1}{4}$ sauce
- $\frac{1}{3}$ noodles
- $\frac{1}{2}$ cheese mixture

- $\frac{1}{4}$ sauce
- $\frac{1}{3}$ noodles
- Remainder of the sauce
- Sprinkle of oregano (optional)
- Remainder of mozzarella cheese
- Grated cheese to cover

Cover tightly with aluminum foil. Bake at 350 degrees for 55 minutes. Let rest at least 20 minutes before serving.

After baking, when preparing this meal for Kate's Kitchen, place a piece of wax paper between the food and the aluminum foil. This will form a barrier between the tomato sauce and the foil. The acid in the sauce eats through the foil. The wax paper will be removed before reheating at Kate's.