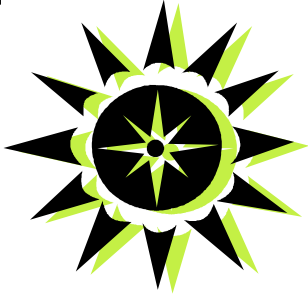


THE SUN



February 2012

From the Rector

It never fails to grab us. The DVD presentation that Joan Daly made for the Annual Meeting is a year-in-review, a compilation in words and pictures, with music no less, of the activities and ministries of St. Paul's for 2011. We laugh about how we do Food really well, and lots of it, and we smile at the loads of activities involving children, all very impressive. And then comes the In Memoriam part, where we quietly reflect on those we love but see no longer, those who are sharing in the heavenly banquet we hope one day to partake of. By the end of the DVD, it was hard not to be moved by their remembrance, and to be bolstered by all that St. Paul's is doing in the community. The DVD is a wonderful gift Joan Daly gives to all of us and we are so grateful for it.

The Annual Meeting also looks forward to the year to come. We elected Tammy Shafer as clerk of the vestry, Gene Giuliano as treasurer for one more year, Diane Lessard to a second term on the vestry and Ginny Benoit to a new term on the vestry. In addition, we elected Nicole Denette as the vestry liaison to the diocesan convention delegates, and Steve Koppi and Donna Sroka as delegates also. Zachary Dupont, a student at Catholic University in Washington, DC, was elected our Youth Delegate to convention and Cindy Valentine as our alternate delegate. We are thankful for their willingness to serve and for their commitment to leadership at St. Paul's.

The budget was presented and while the 2011 numbers were not too bad – our income was at 98% of the budgeted amount and our expenses were at 101% of the budgeted amount, we did have a deficit of \$6,683. Because we have lost some parishioners this year through death or their decision to step back from St. Paul's, because our pledging is not strong this year, and because the endowment is yielding less money than last year while expenses keep going up (we think you know about that), we are projecting a deficit this year of \$22,873. That will present a serious cash flow problem along the way that we will have to address. Copies of the Annual Report are at the back of the church for you to take.

For the coming year the rector and vestry are committed to thinking in new ways about stewardship opportunities at St. Paul's, and will be offering more ways to develop leadership and deepen our faith. Our Lenten program has been designed to do this and you're encouraged to participate in the events we will be offering in February and March and during the rest of the year. With your help, your participation and your contributions of time, talent and treasure, there is so much more we can be doing for the Lord through this wonderful church. Let's get going -

-Rev. Barbara

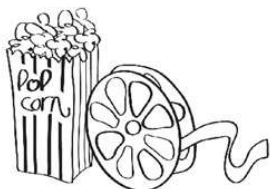
Thanks

- ❖ To the Youth Group kids and adults who made the baked potato lunch for the Annual Meeting, and to those who contributed \$115 to the Youth Group Fund.
- ❖ To the Spirit Committee and their band of helpers who made the reception for the bishop and those being confirmed and received on January 8 so special. It was a lovely occasion.
- ❖ To the Men's Group for the breakfast for the parish on January 15, attended by about 50 people with great food and good company. Many thanks to the anonymous donor of six syrup bottles and a frying pan for our kitchen (how did we get along without one?)

Holyoke Winter Carnival

This will be the first year for the Holyoke Winter Carnival which runs from Sunday, January 29 to Saturday, February 4 all around Holyoke. All week long there will be events in the city for all ages, and 80% of them are free. On Saturday, Feb. 4 we will be hosting a free pancake breakfast which will be cooked by the culinary students from Dean Tech in our facility. Come along, bring your friends, and meet folks from the community—8:30 to 11 a.m. in the auditorium!

Movie Afternoon !



Sunday, February 5, 2012
(following the 10 a.m. social hour)

NOW PLAYING: **The Help**

Rated PG-13 (No one under 13 without a parent) A light lunch and other refreshments will be provided.

Tropical Sunday—February 12



It hasn't been such a bad winter, but who cares? On Sunday, Feb. 12, we'll be celebrating Tropical Sunday, a beat-the-cold time when we will have music with a Caribbean or African beat offered by our Joyful Noise combo. Some decorations suggesting warmer places will be around, and social hour treats involving pineapple and coconut and other tropical flavors will await you after the 10:00 service. You are encouraged to wear your Hawaiian shirts and sun glasses – it should be a good time, a little break from winter.



Little bits. . .

Kate's Kitchen – Feb. 16.

Sunday, Feb. 19, the rector will be away for a family wedding and **Gina Nelson** will be the preacher while the **Rev. Bill Dwyer** will be the celebrant at both services.

Contemplative Prayer Group, Saturday, February 11, 10 a.m. in the church.

Vestry, Tuesday, Feb. 21, 6 p.m.

Spirit Group, Tuesday, Feb. 28, 5:30 p.m.

NO Church School, February 19

Lenten Offerings

During February our church season shifts to Lent, the 40 days that Christians use to prepare our hearts and minds for the events of Holy Week and Easter. It's a more quiet, introspective time of reflection and prayer, and people often "take something on" as a Lenten discipline. A book to help you walk through Lent is [A Season for the Spirit: Readings for the Days of Lent](#) by Martin Smith, a book of day-by-day essays that make for a thoughtful journey through the desert to the cross and Easter.

During Lent you will see the church's colors turn from green to purple, the color of penitence. In addition, we will observe the tradition of not saying "Alleluia" during the service. That festive shout is reserved for happier times, and giving up Alleluia for six weeks helps us bring it back with just that much more appreciation on Easter Sunday.

Lent begins officially on [Ash Wednesday, February 22](#)

[Services of Holy Eucharist with the imposition of ashes](#) at 10 a.m. and 5:30 p.m. The later service will be followed at about 6:30 by a [chowder supper](#) given by the LeGrands in the auditorium, to which everyone is invited. A freewill offering will benefit St. Paul's.

[Lenten weekday Eucharists](#) will be offered on [Thursdays at 10 a.m.](#) in the church, to which everyone is invited. Thursdays, March 1, 8, 15, 22, 29. The church doors on Appleton Street will be open

so you may park on Locust Street, or in the parking lot behind the church.

The Lenten “Series” has morphed into a selection of Lenten offerings. With the idea of Knowing Jesus (as opposed to Knowing *about* Jesus), they are designed to touch on the 5 points the bishop mentioned when he was talking with the confirmands about what happens after they are confirmed: worship/prayer, lifelong learning, witness, service and fellowship. You will be welcome at any and all of them – no sign-ups necessary. Just come and bring a friend.

1. Monday, Feb. 27

Worship/Prayer – Your relationship with Jesus....what is it now, what would you like it to be, and what does a relationship with Jesus imply about how we live our lives? Working with Prayer in the Messiness of Life (30 or so ways to pray that are a little different, are encouraging and open the mind and heart to Christ’s presence and power everywhere.)

2. Wednesday, March 7

Lifelong learning – St. Mark’s Gospel, reading it aloud in its entirety in one sitting by everyone.

3. Tuesday, March 13

Service – Cooking/fixing a meal for Kate’s Kitchen, with discussion of the Prayer of St. Francis and how our service to others is service to Christ.

4. Monday, March 19

Witness – St. Paul’s encounter with Christ that he absolutely could not keep to himself. Conversation about witness, and a lesson in how to welcome people at social hour and insights from a book, How to Share your Faith without being Offensive.

5. Wednesday, March 28

Encountering Jesus through Art. A look at the beauty and symbolism of icons, with a view toward a group visit to the Museum of Russian Icons, Clinton, MA on Saturday, March 31 for a group tour at 11:30 a.m.

Fellowship, over all sessions, with coffee/tea & dessert. All meetings from 6:30 to 8 p.m. at the church.



Capital Campaign Report

Tim Cotz’ capital campaign report appeared in the annual report. We began the campaign to address some serious building issues in early 2011, and during the year we raised \$118,000 toward our \$200,000 goal. Many people made outright contributions to the campaign, some funds came as memorials, and others made pledges they will be paying off over a 2 or 3 year period. Of the \$118,000 we have actually received \$88,000 in hand, so we were able to repay ourselves the money we spent to put new flat roofs on the buildings and repair the tower, a part of which crumbled and fell in October, 2010.

Over the summer we received an offer from donors to match the next \$65,000 in campaign contributions. Since then we have received \$21,000, which was matched by an additional \$21,000, all part of the \$88,000 we have received and we are obviously grateful to all who have made this amazing feat possible.

We need to raise at least another \$43,000 which will also be matched by the anonymous donors and that would bring us to our goal. For those who have not yet pledged, please consider a pledge and speak to the rector or Tim Cotz, Gina Nelson or Dexter Gess if you would like information. For those who have already pledged, thank you! We have lots to do, including painting the chancel area and putting ceiling fans in the auditorium, things that will make life even sweeter at St. Paul’s.

News about people

We offer our sympathies to two St. Paul’s families – to Doc Ratchford whose wife, Mary, died at the Holyoke Health Care Center on January 12, and to Donna Sroka and her family, whose mother, Nora Perron, died at the same facility on January 18. Mary and Nora led amazing, love-filled lives and will be missed. May they rest in peace.

Many thanks to Kathy and Tim Champagne for organizing the Supper Club's outing to the Munich Haus in Chicopee. Twenty St. Paul's members had a great time!

Blessings and congratulations to the Cabibbo/Dominguez/Mercer family on the arrival of Joseph Anthony Mercer, Caira's baby son, on January 2. He is a sweetie.

Our sympathy is extended to Alice Gess on the death of her dear aunt, Jenny Peppe, in New Jersey in January. May Jenny rest in peace and rise in glory.

St. Paul's Nursery School Has Openings



The Nursery School has openings in their class for 4-year olds. The nursery school classes run 5 days of the week from 8:45 to 11:45 a.m. The Lunch Bunch kids can stay until 12:15 p.m. The Stay Day kids stay on Wednesday until 2:30 p.m. For more information about our wonderful Nursery School and how a child you know might be a part of it, please call the director, Kathy Eggleston at 532-4890.

Local Mission in Springfield

St. Mark's Church, East Longmeadow, is again organizing a local mission event on the weekend of February 18 & 19, doing inside repairs for tornado victims in Springfield. If you would like to know more, please see St. Mark's website for details on how to sign up and what is needed (mostly tools, know-how and energy.)

Where in the World is Justine?

Justine Sabbs, Freddy's daughter and Gina Nelson's niece, will be traveling with her classmates from Saint Anselm College, Manchester, NH, at the end of February for a Service and Solidarity Mission on the Navajo Nation Reservation in Tuba City, Arizona. The Saint A's students will learn more about Navajo culture while they assist at a school during the day and work on service projects in the evening. If you would like to assist Justine with her expenses, you may send a check made out to Saint Anselm College, memo S&S Missions, to her at 100 Saint Anselm Drive, #1441, Manchester, NH 03102. Justine is a senior this year, majoring in Criminal Justice.

Mission Trip to the Dominican Republic this Summer

If you are interested in learning about a mission trip to the Dominican Republic this summer by members of the Diocese of Western Mass, please talk to Chantelle or Nicole Denette or José Reyes. They are working on making it happen and need to hear from you pronto.

February Birthdays and Anniversaries



- 6 Virginia Cordes
Brian Harris
- 7 *Larry & Margery Mitton 1942*
- 11 Monica Czausz
- 12 David Morf
- 14 Matthew Morris
Jasmine Ortiz & Ferdinand Ramos, Jr.
- 16 Kerri Sexton
- 17 Natalie Harris
Marilyn Potvin
- 20 Hope Nadeau
- 21 Teddy Denette
- 22 Frank Dzwonkoski

Kate's Kitchen

Recipe of the Month

Due at the church by Thursday, February 16 @ 9:30 a.m.



One Pan Lasagna

- 1 48 oz. jar of prepared spaghetti sauce with meat or equivalent
- 2 lb. container cottage cheese (or ricotta cheese)
- 1 lb. mozzarella cheese
- 1 box uncooked lasagna noodles
- Grated Parmesan or Romano cheese
- 2 eggs slightly beaten
- Small dash of nutmeg

Grate mozzarella cheese. Mix $\frac{3}{4}$ of the mozzarella together with the cottage cheese, eggs and nutmeg.

Layer in a pan:

$\frac{1}{4}$ sauce

$\frac{1}{3}$ noodles

$\frac{1}{2}$ cheese mixture

 $\frac{1}{4}$ sauce

$\frac{1}{3}$ noodles

$\frac{1}{2}$ cheese mixture

 $\frac{1}{4}$ sauce

$\frac{1}{3}$ noodles

Remainder of the sauce

Sprinkle of oregano (optional)

Remainder of mozzarella cheese

Grated cheese to cover

Cover tightly with aluminum foil. Bake at 350 degrees for 55 minutes. Let rest at least 20 minutes before serving.

After baking, when preparing this meal for Kate's Kitchen, place a piece of wax paper between the food and the aluminum foil. This will form a barrier between the tomato sauce and the foil. The acid in the sauce eats through the foil. The wax paper will be removed before reheating at Kate's.

~February 2012 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 GS 4:30-6p/library	2 Choir 7:15p AA 6p	3	4 Winter Carnival Pancake Breakfast/auditorium 8-11a
5 Movie – <u>THE HELP</u> following 10a social hour Communion Class	6 AA 6:45p	7 CAB 4:30-7p	8	9 Choir 7:15p Bishop Search Comm. 4p AA 6p	10	11 Prayer Grp 10a Rental
12 <u>Tropical Sunday</u> following 10a service	13 AA 6:45p	14 Bishop Search Comm. 4p	15 GS 4:30-6p/library	16 Kate's Kitchen 9:30a Choir 7:15p AA 6p	17 Blood Pressure Clinic 8a – noon/library	18 Rental
19 NO Sunday School Gina Nelson, preacher	20 SUN deadline AA 6:45p President's Day	21 Vestry	22 Ash Wednesday services @ 10a & 5:30p Chowder Supper follows 5:30p service Ash Wednesday	23 Choir 7:15p AA 6p	24	25 Rental
26 "Mite" boxes home José Reyes, preacher	27 Lenten Series 6:30- 8p/lib AA 6:45p	28 Bishop Search Comm. 4p Spirit Grp 5:30/J.Daly's home	29	Notes:		